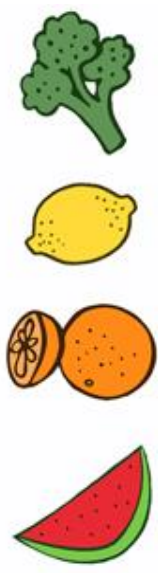


Holyrood Castleton Menu



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals, toasts & fresh fruit				
Morning Snack	Vegetable crudité's or an assortment of fresh fruits				
Lunch	Fish pie with new potatoes & parsley sauce	Spicy beef & egg noodles	Cheese & onion pie, mushy peas & gravy	Cottage pie with cabbage	Chicken/Vegetable curry with rice & naan bread
Starter or Pudding	Yoghurt	Jelly & Ice Cream	Viennese Whirl	Warm cherry cake with custard	Vegetable samosa with riata dip
Afternoon Snack	Vegetable sticks with breadsticks, rice cakes or cream crackers				
Light Tea (all served with Fresh Fruit)	Meatballs with rice & gravy	Homemade mini pizzas	Chunky soup with fresh bread	Spaghetti on toast	Veggie nuggets & baked beans



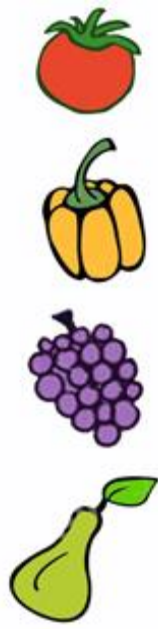
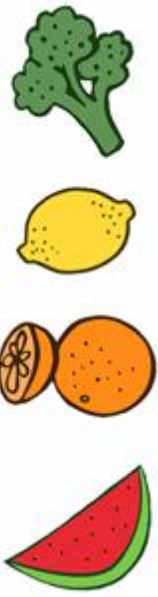
All of our menus adhere to current Eat Better Start Better Guidelines which you can see [here](#)



Holyrood Castleton Menu



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals, toasts & fresh fruit				
Morning Snack	Vegetable crudité's or an assortment of fresh fruits				
Lunch	Pasta Arrabiatta	Meat & potato pie with carrots & swede	Chicken ala king & rice	Fish, peas, creamy mashed potato & parsley sauce	Chicken curry with rice & naan bread
Starter or Pudding	Bananas & custard	Sliced melon & cream	Garlic bread	Vanilla sponge cake	Samosa & riata dip
Afternoon Snack	Vegetable sticks, breadsticks, rice cakes				
Light Tea (all served with Fresh Fruit)	Toasted bagels with cream cheese	Beans on toast	Selection of sandwiches	Soup with bread & butter	Crackers with a selection of dips & spreads



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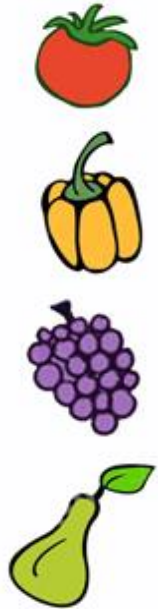
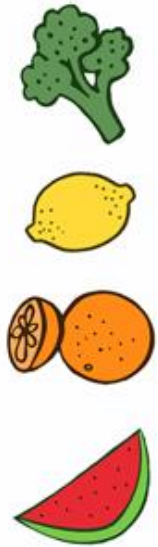


Holyrood Castleton Menu



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals, toasts & fresh fruit				
Morning Snack	Vegetable crudité's or an assortment of fresh fruits				
Lunch	Jacket potato with a variety of fillings & salad	Roast dinner with potatoes, vegetables & gravy	Spaghetti Bolognese	Chicken casserole	Fishcakes, mashed potato & beans
Starter or Pudding	Fruit cocktail & cream	Fruit yoghurts	Garlic bread	Shortbread	Rice Pudding
Afternoon Snack	Vegetable sticks, breadsticks, rice cakes				
Light Tea (all served with Fresh Fruit)	Homemade pizza	Spaghetti on toast	Homemade soup with crusty bread	Veggie nuggets & baked beans	Meatballs with rice & gravy

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Holyrood Castleton Menu



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals, toasts & fresh fruit				
Morning Snack	Vegetable crudité's or an assortment of fresh fruits				
Lunch	Tuna & sweetcorn pasta bake	Beef chilli with fluffy rice	Chicken stew with dumplings	Minced beef cobbler	Cheese & onion pie with mushy peas & gravy
Starter or Pudding	Garlic bread	Coconut & white chocolate cake	Fruit yoghurt	Apple pie & custard	Sponge & Ice cream
Afternoon Snack	Vegetable sticks, breadsticks, rice cakes				
Light Tea (all served with Fresh Fruit)	Baked beans & potato waffles	Homemade soup with crusty bread	Vegetable & cheese bake	Homemade mini pizzas	Spaghetti on toast



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